

Maximise!

Income - Wellbeing - Attainment - Potential

Children 1st

CHAI
COMMUNITY HELP & ADVICE INITIATIVE

WHAT IS MAXIMISE! EARLY YEARS?

Maximise! Early Years is a partnership between CHAI and Children 1st providing advice, employability and family wellbeing support for families with children under 5 in the following early years centres across the SE, SW, NE and NW of Edinburgh:

Stenhouse, Sighthill, Calderglen, Hailesland, Gilmerton, Moffat, Greendykes, Craigmillar, Fort and Granton.

MAXIMISE! EARLY YEARS OFFERS ...

Family Wellbeing Support

Offering families support with:

- addressing the wider issues that often impact families affected by poverty
- stabilizing families and increasing independence
- establishing positive routines and structure for the family
- addiction, housing and homelessness
- parenting skills
- physical and mental health issues and disabilities

Advice

Offering families support with:

- Financial Health Checks, Income Maximisation and Welfare Rights
- Crisis and Debt Management
- Housing Issues
- Budgeting Help & Service Cost Comparison of (gas, electric etc.)
- Advocacy and representation across a range of social welfare issues



Employability

Offering individuals support with:

- increasing confidence
- looking for employment
- applying for jobs
- CV's and interview preparation
- accessing training, education and/or volunteering
- progression within work and in-work support



To make a referral or request an appointment, email

maximise@children1st.org.uk

call 0131 442 2100/446 2300

or contact your child's early years centre.

Maximise! Early Years is supported by:

• EDINBURGH •
THE CITY OF EDINBURGH COUNCIL

CAPITAL CITY
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CITY
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